Small Group Communities

Group Guide: September 2026

This guide is meant to be used alongside the Rooted Life Practice booklet.

Welcome & Pray –

Icebreaker Question –

Fall is coming! Share a fall food or activity that you enjoy and how you first were introduced to it.

Review -

Take some time to chat about the practice introduced last month (the Generous Life booklet) - below:

PRACTICE

It matters what you think about before you go to sleep at night.

As you close your eyes, take a few moments to reflect on your day with both humility and gratitude, resting in God's Presence and thanking Him for His goodness in your life.

Invite the group to respond to:
Share a little about your experience of reflecting with God on your day and resting in His Presence as you have closed your eyes each night.

Grab your Bible & the Rooted Life Booklet -

Read: The Rooted Life on page 4-5, Psalm 1, Romans 12:2 (NIV),
& Scripture – Pages 8-11

Reflect & Chat –

Today you are reading about choosing to engage with Scripture on a regular basis, which is an active way to engage in our formation into the image of Christ.

Whether you find it easy to engage with Scripture or not, pause and pay attention to where you're at today.

Here are a few questions to reflect on and chat about as a group...

- What are ways you have enjoyed Scripture in the past?
- How are you engaging with Scripture these days?
- Would you like that to stay the same or change in some way?
- What might change look like?

Practice –

Read & plan to practice on your own between now and the next time your group meets.

PRACTICE

Pick one of the three ways mentioned on page 8 of the booklet to engage daily with Scripture and start practicing!

Pray: Take a little time to pray for each other before you go. You could consider closing your time with the prayer from Ephesians on page 19.