Small Group Communities

Group Guide: October 2026

This guide is meant to be used alongside the Rooted Life Practice booklet.

Welcome & Pray –

Icebreaker Question –

Take some time to share how your daily life changes (or not) with fall, and what you are looking forward to most in this season.

Review -

Take some time to chat about the practice introduced last month shown in the box below:

PRACTICE

Pick one of the three ways mentioned on page 8 of the booklet to engage daily with Scripture and start practicing!

Invite the group to respond to:

Talk about which of the three ways to engage with daily Scripture you chose to practice and what were some of your noticing's as you engaged with Scripture daily in the way you chose.

Grab your Bible & the Rooted Life Booklet -

Read: Prayer Reading (page 12-15), John 12:49 (NLT), & Psalm 23

Reflect & Chat –

Today you are reading about an intentional approach to prayer using an ancient practice called Lectio Divina.

Or simply put, we are reading the Bible prayerfully.

Together, practice Lectio Divina using a passage of Scripture – perhaps Psalm 23 or a passage in one of the Gospels and then reflect together on the below questions.

It may be helpful to have someone in your group read through the practice out loud as you begin.

- As you prayerfully read Scripture, listening for the still small voice of God, write down any words or phrases that stood out to you.

- What might He be saying to you? Jot some notes down.

- Talk to God about what you're hearing and feeling and then share with each other as you are comfortable.

Practice - Read & plan to practice on your own between now and the next time your group meets.

PRACTICE

Choose a passage from the Bible and practice reading it in this slower, prayerful way.

Pray: Take a little time to pray for each other before you go. You could consider closing your time with the prayer from Ephesians on page 19.