

Group Guide: August 2026

This guide is meant to be used alongside the Generous Life Practice booklet.

Welcome & Pray –

Icebreaker Question –

What's your favorite way to spend a free day?

Review -

Take some time to chat about the practice introduced last month (shown below):

PRACTICE

Practice opening your life and inviting in your neighbors.

Maybe through a driveway chat, sitting around the campfire, or sharing a meal at your place.

Invite the group to respond to: Share a story or insight from practicing opening your life to your neighbors.

Grab your Bible & the Generous Life Booklet -

Read: Matthew 6:25-34 (NIV) & From Scarcity to Abundance – Pages 16-17 (Questions are on page 18)

Reflect & Chat –

When we lean into the Scripture passage from Matthew 6:25-34, we see how generous and hospitable God is. He provides for everything we need, reminding us to see the proof of this as we look at the birds, the grass and the flowers. This is abundance and then some! The Kingdom of God is at hand and there is more than enough to go around.

As you reflect on this passage, talk about these questions...

- What is capturing your attention most these days?
- How much is worry influencing your thoughts?
- What might it look like to expand your generosity in light of the abundance of God's Kingdom? Consider both time & resources.
- Check out the practice for the month (in the box below). Reflect a little on your current sleep routine – specifically as you fall asleep. How do you think integrating the practice below into your routine could affect you?

Practice - Read & plan to practice on your own between now and the next time your group meets.

PRACTICE

It matters what you think about before you go to sleep at night.

As you close your eyes, take a few moments to reflect on your day with both humility and gratitude, resting in God's Presence and thanking Him for His goodness in your life.

Pray: Take a little time to pray for each other before you go. You could consider closing your time with the prayer on booklet page 19.