

Group Guide: October

This guide is meant to be used alongside the Rooted Life Practice booklet.

Welcome & Pray –

Icebreaker Question –

Take some time to share how your daily life changes (or not) with fall, and what you are looking forward to most in this season.

Review -

Take some time to chat about the practice introduced last month shown in the box below:

PRACTICE

Pick one of the three ways mentioned on page 9 of the booklet to engage daily with Scripture and start practicing!

Invite the group to respond to:

Talk about which of the three ways to engage with daily Scripture you chose to practice and what were some of your noticing's as you engaged with Scripture daily in the way you chose.

Grab your Bible & the Rooted Life Booklet -

Read: Pages 10-11, & 12-15, John 10:1-18

Reflect & Chat –

If you haven't already, take a look at pages 10 & 11 and spend some time quietly reflecting on the questions and then sharing your thoughts with one another.

- **What are ways you have enjoyed Scripture in the past?**
- **How are you engaging with Scripture these days?**
- **Would you like that to stay the same or change in some way?**
- **What might change look like?**

Practice –

Having practiced Lectio Divina during your last group time, this month's practice will take it into your daily life.

Read about this intentional approach on pages 12 through 15.

Plan to practice Lectio Divina on your own between now and the next time your group meets.

PRACTICE

Lectio Divina

Choose a passage of Scripture and practice reading it in this slow and prayerful way.

Perhaps consider John 10:1-18

Pray: Take a little time to pray for each other before you go. You could consider closing your time with the prayer from Ephesians on page 19.