

Group Guide: April

This guide is meant to be used alongside the Simple Life Practice booklet.

Welcome & Pray –

Icebreaker Question –

Where is a place you haven't visited yet but would like to and why?
(Can be local or far away!)

Review -

Take some time to chat about the practice introduced last month
(shown below):

PRACTICE

Over the next month:

Establish a rhythm of spending
some time in silence, quietly
turning your attention to God,
practicing His Presence.

Start simple and realistic.

Invite the group to respond to: Share a little about your experience of practicing some time in silence with God or your hopes for that in the future. What has been or could be your practice rhythm?

Grab your Bible & the Simple Life Booklet -

Read: Let Go – Part 1 - Page 11, John 15:1-2, Psalm 23

Reflect & Chat –

Invite the group to reflect for a moment on their individual lives – relationships, circumstances, commitments, responsibilities, and possessions.

Then invite the group to chat using these questions...

- Talk a little about what life looks like for you today. Are there areas of your life that feel simpler? How about areas that feel more complicated?
 - Is there a story that comes to mind? Consider sharing it with the group.
- The practice this month includes sitting with God with the complicated parts of your life and asking Him to help you simplify. Is there an area (or areas) of your life that you want to talk to Him about?
- When do you hope to sit with God and pray about that part of your life?

Practice - Read & plan to practice on your own between now and the next time your group meets.

PRACTICE

Over the next month:

Sit with God, with the complicated parts of your life and ask Him to help you simplify.

*If your group wants to dive deeper, check out the resources page in the back of the Practice Booklet.

Pray: Take a little time to pray for each other before you go.